

## **Michael J. Reznicek M.D.**

*Diplomate, American Board of Psychiatry and Neurology*

Peak Performance Psychiatry & Counseling, PLLC  
1717 S. Rustle Rd., Suite 212A  
Spokane WA 99224

rez@peakpsychiatry.org  
(509) 315-4142

Updated January 2013

### **Professional Experience**

April 2009 to  
present

#### ***Independent contractor, Washington State Department of Corrections***

Full time clinical psychiatrist providing inpatient and outpatient psychiatric treatment to adult offenders in the state prison system. Institutions have included the Washington State Penitentiary (Walla Walla, WA), Coyote Ridge Corrections Center (Connell, WA) and the Washington Corrections Center for Women (Gig Harbor, WA).

January 2010 to  
May 2010

#### ***President of the medical staff, Eastern State Hospital, Medical Lake, Washington***

August 2009 to  
May 2010

#### ***Attending psychiatrist, Eastern State Hospital, Geriatric Services Unit, Medical Lake, Washington***

Full time clinical psychiatrist providing treatment to older adults who suffer from psychiatric illness and dementia. Also performed Officer-of-the-Day duties providing emergency medical and psychiatric care to geriatric and adult patients throughout the state hospital.

August 2006 to  
August 2009

#### ***Forensic psychiatrist, Eastern State Hospital, Forensic Services Unit, Medical Lake, Washington***

Full time clinical psychiatrist providing treatment to adult forensic patients as well as conducting court-ordered forensic evaluations. Also performs Officer-of-the-Day duties providing medical and psychiatric care to geriatric and adult patients throughout the state hospital.

September 1998 to  
March 2006

#### ***Staff psychiatrist, Mental Health Center, St. Joseph Regional Medical Center, Lewiston, Idaho***

Full time clinical psychiatric practice in a hospital-based setting serving the mental health needs of a large rural population. Included inpatient and outpatient clinical work. Staffed a child/adolescent clinic for 4 years and consulted in the local nursing homes.

January 1998 to 2010.

***Psychiatry Consultant, Union Pacific Railroad, Omaha, Nebraska***

Occupational health consultant performing case reviews, disability accommodations, and treatment recommendations.

July 1989 to December 1997

***United States Air Force***

Chair, Department of Psychiatry at three Air Force Hospitals: Torrejon AB, Spain 1989 to 1991; Langley AFB, Virginia, 1991 to 1995; and Offutt AFB, Nebraska, 1995 to 1997. Provided inpatient and outpatient mental health services including evaluation and treatment of physical, sexual, and emotional abuse victims. Treated PTSD victims from Desert Storm. Supervised other psychiatrists, psychologists and clinical social workers. Wrote CHAMPUS managed healthcare contracts. Oversaw quality improvement programs. Frequent lecturer on military and mental health-related issues. Conducted forensic evaluations. Frequent expert witness. Achieved the rank of Lieutenant Colonel.

December 1992 to June 1994

***Eastern State Hospital, Williamsburg, Virginia***

Part time staff physician. Managed psychiatric and medical emergencies for over 700 state hospital residents.

**Teaching Experience**

1998 to 2002

***Adjunct Professor, Dept. of Counseling, Grace University, Omaha, Nebraska***

Conducted a biennial psychopharmacology course for social workers and counselors.

1992 to 1998

***USAF Physician Assistant Training Program***

Clinical preceptor and didactic instructor for physician assistant students, 1991 to 1998.

1981 to 1985

***University of Nebraska at Omaha, Omaha, Nebraska***

Part-time adjunct faculty, Department of Math and Computer Science.

**Education**

July 1985 to June 1989

***Wilford Hall Air Force Medical Center, San Antonio, Texas***  
Internship and residency in psychiatry.

August 1981 to May 1985

***University of Nebraska College of Medicine, Omaha, Nebraska***  
Doctor of Medicine, May 1985

August 1976 to  
May 1981

**University of Nebraska at Lincoln, Lincoln, Nebraska**  
B.S., Mathematics, May 1981. Graduate U.S. Air Force ROTC program  
May 1981, and commissioned a Second Lieutenant in the USAF.

## Board Certification

November 1991

American Board of Psychiatry and Neurology

## Presentations and Publications

October 16, 2012

Guest on Seattle KOMO 4 TV's Town Hall meeting to discuss Initiative-502, Washington state's marijuana legalization referendum.

July 24, 2012

Guest on "The Tom Anderson Show," Alaska's Public Policy Forum on FOX News Talk Radio KOAN 95.5 FM and 1020AM, to discuss the drug war.

July 23, 2012

Guest on "The Crash Davis Show" 1100AM KFAB Radio Omaha to discuss the Aurora shooting massacre.

July 23, 2012

Guest on KVI "Smart Talk Radio" 570AM Seattle to discuss the Aurora shooting massacre.

July 2, 2012

Guest on KOMO News Radio Seattle with Ken Schram on "Newslines PM" to discuss the Mexican presidential elections.

June 29, 2012

Guest on KOMO News Radio Seattle with Ken Schram on "Newslines PM" to discuss the Isaac Zamora case.

June 29, 2012

Guest on KVI "Smart Talk" Radio, 570AM Seattle to discuss the community treatment of the mentally ill.

June 12, 2012

Guest on SiriusXM Shade 45 on the "All Out Show" with Rude Jude and Lord Sear. Discussed the war on drugs.

June 5, 2012

Guest on "Drive Time Live" with Mills Crenshaw, K-Talk Radio AM630 in Salt Lake City; "The Voice of Utah." Discussed the war on drugs.

May 31, 2012

Guest on "Smart Talk", KVI 570AM radio, to discuss latest Seattle shooting rampage.

April 29, 2012

The War on Drugs Itself Is Causing Most of the Damage, Letter to the Editor, *Wall Street Journal*.

February 15, 2012

Guest on "Sunrise Seattle", KVI Radio 570 AM Seattle, to discuss state Initiative 502

February 8, 2012

Guest on "The Martha Zoller Show," WXKT Radio, 103.7 FM, Georgia to discuss the war on drugs.

January 23, 2012

Guest on "The Dave Rutherford Show", CHQR Radio 770 AM, Calgary, Alberta to discuss the war on drugs.

February 2012	<i>Blowing Smoke: Rethinking the War on Drugs without Prohibition and Rehab</i> (Rowman & Littlefield, 2012). Hardcover.
February 2011	<i>Only You Can Save Your Kids; Teen Drug Use and How to Stop It</i> (CreateSpace, 2011). Paperback
April 9, 2010	"Pills Can't Solve All Mental-Health Ills", Letter to the Editor, <i>Wall Street Journal</i> .
Oct 1, 2008	"Violence and the Mentally Ill", presented to the Spokane Crisis Response Team, at the Spokane Police Training Annex, Spokane WA.
Jan 26, 2008	"Depressed About Results? Science May Explain It", Letter to the Editor, <i>Wall Street Journal</i> .
Dec 15, 2007	"Westroads rampage illustrates follies of psychiatric status quo", editorial in the Omaha World Herald, in response to the holiday mall shootings.
June 18, 2007	"Violence and the Mentally Ill", presented to the Spokane Crisis Response Team, at the Spokane Police Training Annex, Spokane WA.
Feb 13, 2007	"Mental Illness or Human Trait", Letter to the Editor, <i>Science Times, New York Times</i> .
May 18, 2006	KFAB 1100 AM, The Tom Becka Show, Omaha NE, to discuss the methamphetamine epidemic.
May 6, 2006	Vital Signs with host Dr. Tobbler, 97.1 FM Talk Radio, St. Louis, MO, to discuss the methamphetamine epidemic.
May 5, 2006	The Steve Cochran Show, WGN Radio 720, The Voice of Chicago Chicago, IL to discuss the methamphetamine epidemic with a call-in radio audience.
May 3, 2006	Prime Time San Antonio with Jason Thompson, WOAI News Talk Radio San Antonio, TX, to discuss the methamphetamine epidemic with a call-in radio audience.
May 1, 2006	WLMA News Radio 1350 AM, Greenwood SC to discuss the methamphetamine epidemic.
April 28, 2006	The Steve Hexom Show, KBUR 1490 AM, Burlington, IA, to discuss the methamphetamine epidemic.
April 23, 2006	The Terry Gilberg Show, KFYI Phoenix, to discuss the methamphetamine epidemic with a call-in radio audience.
April 17, 2006	CJOB Radio News Talk Radio, Winnipeg, Manitoba, to discuss the methamphetamine epidemic with a call-in radio audience.
April 13, 2006	"Listening to the Muse: Creativity and the Mind", presented at the Center for Art and History, Lewiston, Idaho, as part of the "Latte Talks" series.

April 10, 2006	KHQR 770 AM, Calgary Alberta, The Rutherford Show, to discuss the methamphetamine epidemic with a call-in radio audience.
April 9, 2006	WINA 1070 AM, Charlottesville, VA, The Sunday Morning Show; to discuss the methamphetamine epidemic.
April 7, 2006	Guest on 1510 KGA Radio, Spokane, WA; "The Mark Fuhrman Show", to discuss the methamphetamine epidemic with a call-in radio audience
April 6, 2006	CFUN 1410 AM, Vancouver, BC, The Jen & Libby Show, and The Nik and Val Show, to discuss the methamphetamine epidemic with a call-in radio audience.
April 4, 2006	1510 KGA Radio, Spokane, WA; The Mark Fuhrman Show, to discuss the methamphetamine epidemic with a call-in radio audience.
April 3, 2006	WTCM Radio, Traverse City, MI; The Norm Jones Show, to discuss the methamphetamine epidemic with a call-in radio audience.
September 23 2004	"Occupational Mental Health Examinations", presented at the Union Pacific Health Services Department annual medical conference in Scottsdale, Arizona.
December 13, 2002	"Rush to Diagnosis", a Letter to the Editor, Wall Street Journal
March 2, 2000	11th annual Lewis and Clark State College Community Health Fair, Williams Conference Center, speaking on the topic of substance abuse to a academic and community audience.
September 1998 to 2002.	Frequent presenter in the "Your Doctor Speaks" public lecture series, sponsored by the St. Joseph Regional Medical Center Foundation. Topics included mental health issues of general concern to the public: depression, bipolar disorder, dementia, schizophrenia and caring for the mentally ill.
June 24, 1999	"The Misuse of Science to Promote Abortion," presented at the National Right to Life annual convention, Milwaukee, Wisconsin.
June 17, 1998	"The Misuse of Science in the Abortion Debate," presented at the annual meeting of the Association for Interdisciplinary Research in Values and Social Change, June 17, 1998, Orlando, Florida.
January 18, 1998	"On a Roll," a nationally syndicated talk-radio show. Participated in a debate with Ms. Claudia Center from the Legal Aid Society's LIBRA Project. The show concerned my Weekly Standard article on disabilities.  "A Recipe for Disabilities," in <i>The Weekly Standard</i> , December 29, 1997/January 5, 1998, pp. 27 -29.

- August 18, 1997 "The David Newman Show," KJR Radio, Detroit, August 18, 1997-Discussed my Weekly Standard article on smoking with a call-in radio audience.
- "Smokers Aren't Victims," in *The Weekly Standard*, August 18, 1997, pp. 16-17.
- August 4, 1997 "Boundary Violations in Therapy," "Treatment of Personality Disorders," "Personality Profiles of Male Batterers." A three-hour seminar presented at the Worldwide U.S. Air Force Family Advocacy Officers Conference, San Antonio, Texas, August 4, 1997.
- March 7, 1996 "Boundary Violations in Therapy," presented at the Air Combat Command Family Advocacy Officers Conference, Hampton, Virginia, March 7, 1996.
- August 2-3, 1995 "Diagnosis, Pathogenesis, and Treatment of Borderline Personality Disorder," A seminar presented at the Worldwide U.S. Air Force Family Advocacy Treatment Managers Conference, Spokane, Washington, August 2-3, 1995.
- "Suicide in the Air Force," in *The Combat Edge*, July 1995, pp. 8-9.
- September 10, 1994 "Automating Medical Record Documentation," a seminar for Air Force Family Advocacy Officers. Presented September 10, 1994 in Tampa, Florida.
- "Combat Psychiatry," a Letter to the Editor, *American Journal of Psychiatry*, June 1994.

## Miscellaneous

- January 2013 to present Owner, Peak Performance Psychiatry & Counseling, PLLC, Spokane WA  
[www.peakpsychiatry.org](http://www.peakpsychiatry.org)
- 2006 to 2012 Owner, Psychiatric Consulting Services PLLC, Spokane WA
- 2009 to 2012 Board member, Palisades Park Homeowners' Association, Spokane WA
- 2005 to 2006 Owner, Data Rezolution, a software development company.
- 1996 to 1998 Board member and Chair, Program Committee for Youth Emergency Services, which was an organization of non-profit youth shelter homes in Omaha, Nebraska.